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Term 3 Week 3— Wednesday 28TH July 2021

St Mary's Scoop

School Calendar

TERM 3 CALENDAR

17 Aug - Kinder 2022 Program Starts

20 Aug - Pupil Free Day

24 Aug - Kinder 2022 Program
- Book Fair

31 Aug - Kinder 2022 Program

7 Sept - Kinder 2022 Program

14 Sept - Kinder 2022 Program

17 Sept - Last Day Term 3

Please note that all events are subject to change.

Friday Lunch Deal

Friday Lunch Deal
Fried Rice
\$3.00

Term Dates 2021

Term 1	4/2/21—1/4/21
Term 2	19/4/21—25/6/21
Term 3	12/7/21—1/10/21
Term 4	5/10/21—15/12/21

From the Principal

Dear Parents and Friends of St Mary's

"I have seen what a laugh can do. It can transform almost unbearable tears into something bearable, even hopeful." Bob Hope



I introduced the children to our latest character strength, humour, at Monday's morning assembly this week. Retelling a few daggy-dad jokes I managed to raise a few laughs as well as a few puzzled looks from the bemused kids and staff. Ah well, I tried! Seriously though, it has been said that the ability to find humour in every situation is the mark of a very intelligent person. Research in the field of psychology tells us that on average children spend three times as much time laughing when compared with adults. What's that telling us adults? Maybe we should try and be more like kids who seem to have a greater capacity to see the humour in situations. We know that laughter and humour are good for us.

People who laugh more are healthier, they're less likely to be depressed and may even have an increased resistance to illness or physical problems. They experience less stress, have lower heart rates, pulses, and blood pressure. Furthermore they have better digestion. Certainly, in this time of Covid 19, the world needs humour right now like never before. Not for a moment am I suggesting we make light of the terrible tragedy afflicting so many of our brothers and sisters worldwide. At the same time though, and for our own good, we need to seek out the funny stuff around us. Finding humour and laughing together is a way to connect and a good sense of humor also can make kids smarter, healthier, and better able to cope with challenges. They say laughter is the best medicine and for a very good reason. A sense of humour helps children build resilience, self-esteem and critical thinking skills. When a child can tell or understand a joke, it shows they can think critically about sentence structure and about life.



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Experts tell us that being able to laugh plays a crucial role in the development of resilience and wellbeing and can help children navigate through and cope with the different stages of life. Parents are the most important influences on their children's personalities and when they encourage a sense of humour, fun and playfulness they are helping their children build stronger physical and mental health and giving them powerful coping skills for life.

Children with a well-developed sense of humor are happier and more optimistic, have higher self-esteem, and can handle differences (their own and others') well. Children who can appreciate and share humor are better liked by their peers and more able to handle the adversities of childhood — from moving to a new town, to teasing, to torment in the playground.

It's important to keep up this encouragement as our children grow. When you're playful and humorous with your child, delighting in silliness and laughter, you help him or her develop a playful and humorous attitude about life.

One of the best ways to do this from the toddler years on is to spend time every day being receptive to the many opportunities your child gives you to smile or laugh. Be spontaneous, playful, and aware of what your child finds funny at different ages. Also be game enough to laugh so the jokes don't fall flat.

A key aspect to developing your child's sense of humor is to take time to have fun as a family. Share jokes, play games, and watch funny movies together.



You might even adopt your own offbeat family traditions like wearing matching pajamas. It will be funny now and maybe even funnier in years to come, when you and your kids remember those silly family times.

Of course, finding and celebrating humour is right at the heart of teaching and learning in school. The main reason I'm still working in the field of education is because each day I'm in the company of children who are such fun to be around. It's great to see that our St Mary's teachers like to make teaching and learning such fun. Our Kindergarten Class right now are having the time of their little lives, learning about the Olympic Games through having their own 'Potato Olympics' - quite a spud-tacular time they're all having, says their teacher, as the children go through the whole Olympic tradition with their own torches, opening ceremony and weigh-in of their potato Olympic athletes. What learning and what fun they're all having - a true celebration of childhood which is what school should be all about, I reckon!

Wishing you all a fun-filled week!

Vince



Today our hard working Multilit students were presented with their Graduate Certificates.

Mrs Symons is very proud of the hard work these students have put in to complete the program.



Religious Education News

Sacramental Program Dates

Reconciliation - 28th October

The Sacrament of Reconciliation will be held on Thursday 28th October. Children who have been Baptised and are in Year 4 are eligible to receive the Sacrament of Reconciliation.



First Eucharist - 13th November

The Sacrament of First Eucharist, or First Holy Communion, will take place on Saturday 13th November. Children who are in Year 5, and have previously participated in the Sacrament of Reconciliation, are eligible to participate. Preparation for the Sacraments will take place during Religious Education lessons at school. There will also be a parent information meeting, regarding the Sacraments, held early next term. Details of this meeting will be advised closer to the date. A note will be sent home this week to register students for the 2021 Sacramental Programs.



Weekly Compliance Articles

Walking together safely to and from school

Walking to school and back home again is a great way to spend time with your children and encourage safe and healthy behaviours.

Here are a few things you can do to help keep your children safer as a pedestrian:

- Talk with your children about being alert in the road environment.
- Plan and practice your trip to school so you use pedestrian crossings where possible.
- Always hold your child's hand. Children need your help to spot dangers such as vehicles coming out of driveways. They can also be easily distracted and wander into traffic.
- Meet your child near the school gate and don't call them from across the road.
- Explain why the place you have chosen is the safest place to cross.
- Remind your child to STOP! LOOK! LISTEN! THINK! every time they cross the road and keep checking until safely across.

Congratulations to the following students who received awards at assembly on Friday

K/1: **Lincoln Nelson** for being a wonderful class leader

Hannah Immanuel for her positive attitude in class

2/3/4: **Riley Cooke** for being a positive learner

Samuel Martin for working very hard to improve his reading

5/6: **Lanushka Snyman** for always putting her best effort into her learning and school work

Rhett Mealing for working really well in Maths lessons to challenge himself and extend his learning



Student Spotlight at St. Mary's

Where wellbeing for learning is at the heart of everything we do and each child gets noticed

Usher - Year 4



What's your favourite thing about yourself?
I'm helpful to others.

What are you grateful for today?
That I could play tennis!

What do you want to be when you grow up?
A farmer!

What are you proud of?
I fell in the river and I found the courage to get out and keep on fishing. I caught a cod and a yellowbelly!

Who would you like to be for just one day?
Freddie Mercury because he brought so much joy to the world through his cool music.



Student Spotlight at St. Mary's

Where wellbeing for learning is at the heart of everything we do and each child gets noticed

Brody - Year 6



What do you like most about yourself?
My kindness towards others.

What do you feel grateful for today?
I'm not in lockdown and I can go to school!

What's your best strength?
My creativity and my kindness

What do you feel proud about?

Well, I got injured on my motorbike but I recovered and got back on again.

What else do you feel proud of?
I'm really happy that I've tried really hard and improved in all my learning at school.

What's your favourite food?
Vanilla Yoghurt!

What do you want to be when you grow up?
A zookeeper.

Who would you like to be for a day?
The Rock!! (Wrestler and movie star)



ST. MARY'S PARISH SCHOOL HAY

REACH FOR THE STARS

KINDERGARTEN TRANSITION
PROGRAM



**Is your child ready for school next year?
Is school ready for your child next year?**

**Set your child up for
success in 2022 by
enrolling them in the St
Mary's 2021 Reach for the
Stars Kindergarten
Transition Program.**

**When:
Each Tuesday, 9.00am to
3.00pm, for 10 weeks,
starting Tuesday August
17th and running until
Tuesday November 2nd.**

Please contact the school office on 6993 1775 to book a place for your child.

www.stmaryshay.wa.edu.au

Respect for Self—Respect for Others— Respect for the Environment

Upcoming Events



ST. MARY'S PARISH SCHOOL

TENNIS PROGRAM

EVERY FRIDAY FOR TERM 3

STUDENTS MUST HAVE A HAT AND DRINK BOTTLE.

STUDENTS CAN BRING THEIR OWN TENNIS RACKET.

Made with PosterMyWall.com



Students are to wear their sports uniforms on Monday's and Friday's for term 3

SAVE THE DATE

TUESDAY 24TH AUGUST

ld worlds,
New worlds,
Other worlds.

BOOK WEEK 2021