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Term 4 Week 2— Wednesday 20th October 2021

St Mary's Scoop

From the Principal

Dear Parents and Friends of St Mary's

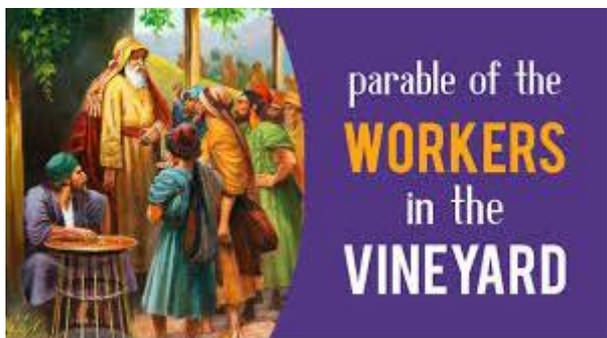
As part of our whole school focus on Character Strengths we have been exploring all about the strength of Fairness over the past couple of weeks. Fairness is treating people justly, giving them what they need, not necessarily what they want. It's about giving everyone a fair chance and believing that there should be equal opportunity for all, though you may also realise that what is fair for one person might not be fair for another.

"That's not fair!!" How many times have teachers and parents heard this exclamation from children.



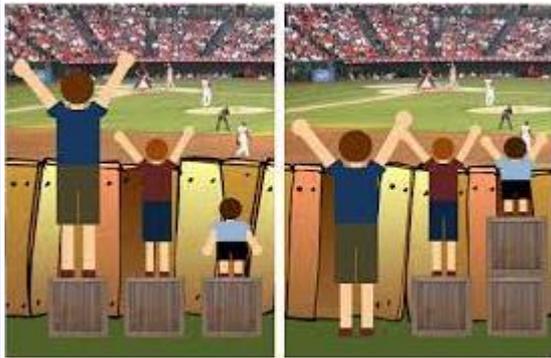
It's not just children who say this though. In my years as principal I have heard the self-same exclamation from parents and from teachers themselves around decisions made at the school (not St Mary's ...yet!). At principal meetings I've heard the same exclamation from my peers about decisions made in the world of education. I myself have uttered it on numerous occasions in relation to a wide range of issues including government funding to wealthy schools at the expense of public schools in regional and remote areas and also the clawing back of Job keeper and Jobseeker payments from vulnerable individuals while corporate entities make huge profits and keep the payments. Life is characterised by Fairness and Unfairness in equal

measure, I guess. In searching for answers in scripture it is helpful to look at Jesus's parable of the workers in the vineyard, a personal favourite of mine.



Here Jesus tells the story about how the vineyard owner paid the workers who arrived late in the day the same wage as he paid those who had slogged it out all day in the heat - the vineyard owner had agreed a fair wage with the all-day workers and was simply being generous in giving the same wage to those who only worked a short while. So was this fair? Yes, of course. Jesus tells us that you can be very fair and very generous at the same time.

When children get to around 4 years old, they are beginning to understand the concept of fairness but need parent and teacher guidance on how to take it on board as a key principle about how to treat others. Understanding fairness is an important part of growing up and practising empathy - it helps children step into someone else's shoes for a moment and consider things from their viewpoint.

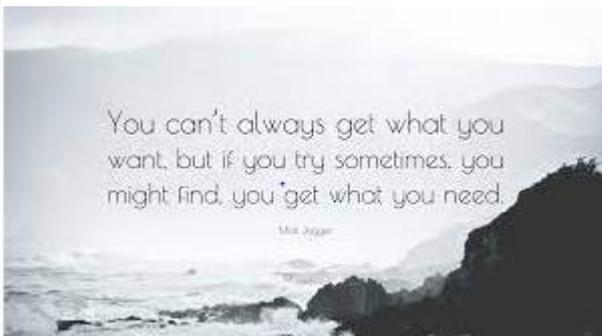


The picture to the side is helpful in explaining the difference between fairness/equity and unfairness/equality. The far left picture with each child standing on a box illustrates equality and unfairness. Clearly in this situation the smallest child is not getting what he needs to see the game. The nearer picture, showing the smallest child standing on two boxes while the tallest child does not have a box, illustrates equity and fairness. Each child now has what he needs even though the tallest child no longer has a box upon which to stand. It brings to mind the timeless wisdom in the saying attributed to Karl

Marx and often used in Christian circles,

"From everyone according to their ability and to everyone according to their needs." And so when we talk about Fairness we talk about Equity and not necessarily Equality.

As children become more exposed to the concept of fairness or, in other words equity, they will grow to be more considerate of others' needs and more aware of their own. At home, this is also applicable to sibling relationships. A younger sibling or baby will need more attention because they are less independent and need more adult care. This is an opportunity to remind the older child that although it feels unfair, you are trying to give everyone what they need to be well. A child who recognises fairness can also be more empathetic with parents and teachers who, let's face it, are for the most part trying to do their very best. The same applies to each of us adults in our dealings with peers and workplace colleagues. Inevitably we will be disappointed from time to time.



Life can be unfair! We cannot, as Mick Jagger sings, always get what we want. If we did, it would be to the detriment of our own personal growth. When we encourage our children to learn about and apply the concept of fairness we are stretching their ability to be patient and laying the foundation for them to develop empathy and sensitivity towards others.

Wishing everyone a wonderful week and thank you for your ongoing support of our great little school, St Mary's.

God Bless

Vince Campbell

Friday Lunch Deal

Chicken Goujons

\$2.50



Religious Education News

Sacramental Programs 2021

The Sacrament of Reconciliation will be held on Thursday 28th October at 6pm.

Last week a note was sent home to parents providing more details about the Sacrament of Reconciliation.

Due to COVID-19 restrictions, we ask that each child invites no more than 4 guests to the service.

Please pray for Frederick, Zoe, Usher, Giselle and Hannah as they prepare for the Sacrament of Reconciliation.



Thursday 28th October

Gold Coin Donation

Supporting Catholic Mission



TERM 4

26th Oct—Reach for the Stars
 28th Oct—Sacrament of Reconciliation
 2nd Nov—Reach for the Stars
 13th Nov - Sacrament of First Holy Communion
 22-26 Nov—Swimming Program
 (1.45-2.45pm)
 26th Nov—Proposed Xmas Tree Fete (TBC)
 29th Nov—First Week of Advent
 3rd Dec—Presentation Evening (6pm)
 6-10 Dec—Swimming Program
 (11am—12pm)
 9th Dec—School Mass to Farewell Yr 6
 (2pm)
 9th Dec—Year 6 Dinner
 15th Dec—Last day for students

STUDENT AMBULANCE COVER CONDITIONS

Student Ambulance Cover applies to transportation following a student accident, not an illness or medical condition. School policy is to call an ambulance in the event of a serious injury or illness (e.g. severe asthma attack, anaphylactic reaction, seizure etc). If your child has a pre-existing medical condition that falls into this category, please be aware that the cost of the ambulance may be at the parent's expense if you do not have family ambulance cover.



Nutrition Snippet

NEED SOME LUNCH BOX IDEAS?



Check out our range of [healthy lunch box](http://healthylunchbox.com.au) examples to give you inspiration!

For ideas and recipes visit:
healthylunchbox.com.au



Nutrition Snippet

SPRINGTACULAR FRUIT AND VEG.



Try these seasonal recipes:

- [Pea and zucchini risoni](#)
- [Bliss balls](#)
- [Celery with cream cheese](#)

For these recipes and more visit healthylunchbox.com.au

healthylunchbox.com.au





SAVE THE DATE

ST. MARY'S PARISH SCHOOL HAY

Presentation Night

FRIDAY 3RD
DECEMBER 2021



Students are to wear
their full sports
uniform on Mondays
and Fridays for
Term 4.



HAY CRICKET SEASON DATES.....

Senior cricket

Saturday the 30th October

Master Blasters (5-9yrs)

Friday 5th November 5.30-7.00pm

Junior cricket (9-16yrs)

Saturday 30th October 8.30am - onwards

Junior training

Friday 8th October 5pm - onwards

Registrations available soon





The Hay Show Society invites the community of Hay to create a

NO SHOW SCARECROW

and show support for Hay and the many NSW communities
which have seen their local show cancelled in 2021.

Showcase your scarecrow in your front yard, take a photo and share it on the Hay Show Facebook page and then text your address to 0429 930691.



Put your photo on the Hay Show Facebook page by Monday 25 October
for your chance to win one of four \$25 **LOVE HAY** cards.

For more information call 0429 930691 or email hayshow@outlook.com

In 2020 the Agricultural Societies Council of NSW, the peak body for the 192 shows in NSW, initiated the *No Show Scarecrow* as a symbol of the show spirit still being alive and strong despite the impact of COVID-19 on our communities. In 2021 the cancellations of shows have continued and during October communities across NSW are once again being invited to join support for the show movement by taking part in the *No Show Scarecrow* display.



REAL THERAPY SOLUTIONS | Telehealth Clinic

Are you looking for **Occupational Therapy**?
Are you looking for **Speech Pathology**?
Are you looking for **Psychology**?

We can provide these services **ONLINE!** Real Therapy Solutions is excited to launch our new Telehealth Clinic, providing excellent NDIS Registered therapy services across Australia!

What is Telehealth?

Telehealth uses video-conferencing technology to deliver health services over both long and short distances! At Real Therapy Solutions, we can provide Occupational Therapy, Speech Pathology, and Psychology in the comfort of your home, workplace, school, preschool, or childcare.

A Telehealth therapy session is run in exactly the same way as a face-to-face therapy session. After logging into your session, your therapist will conduct the therapy to work toward your therapy goals, and discuss home practice as usual. Your therapist will also provide any specific resources you may need for your telehealth session.

Our therapists are highly trained in providing excellent quality therapy in a fun, innovative, supportive, and collaborative way!



What are the benefits of Telehealth?

Perhaps the greatest benefit of Telehealth is the flexibility to complete your therapy wherever your internet allows! This flexibility is great if you and your child have a busy schedule and do not have time to rush into one of our clinics for a face-to-face appointment.

Other benefits include:

- No travel costs if your therapist provides home or school-based therapy,
- Reduced stress or difficult behaviours around clinic attendance,
- Feel more relaxed and comfortable in your own environment, and
- Kids and teens love the interactive nature of the technology used in our telehealth sessions.

What do I need for Telehealth?



You need a computer, laptop, tablet, or phone with video function, and stable internet connection to access our online therapy services.

Real Therapy Solutions uses 'Zoom' to launch our online therapy sessions. 'Zoom' is a secure and private video-conferencing platform with a range of interactive features!

If you are interested in Telehealth therapy sessions, please get in touch with our Telehealth Clinic for more information about how to set up Telehealth today!



Website:
www.realtherapysolutions.com.au



Contact:
1300 856 617



Email:
Telehealth@realtherapysolutions.com.au